

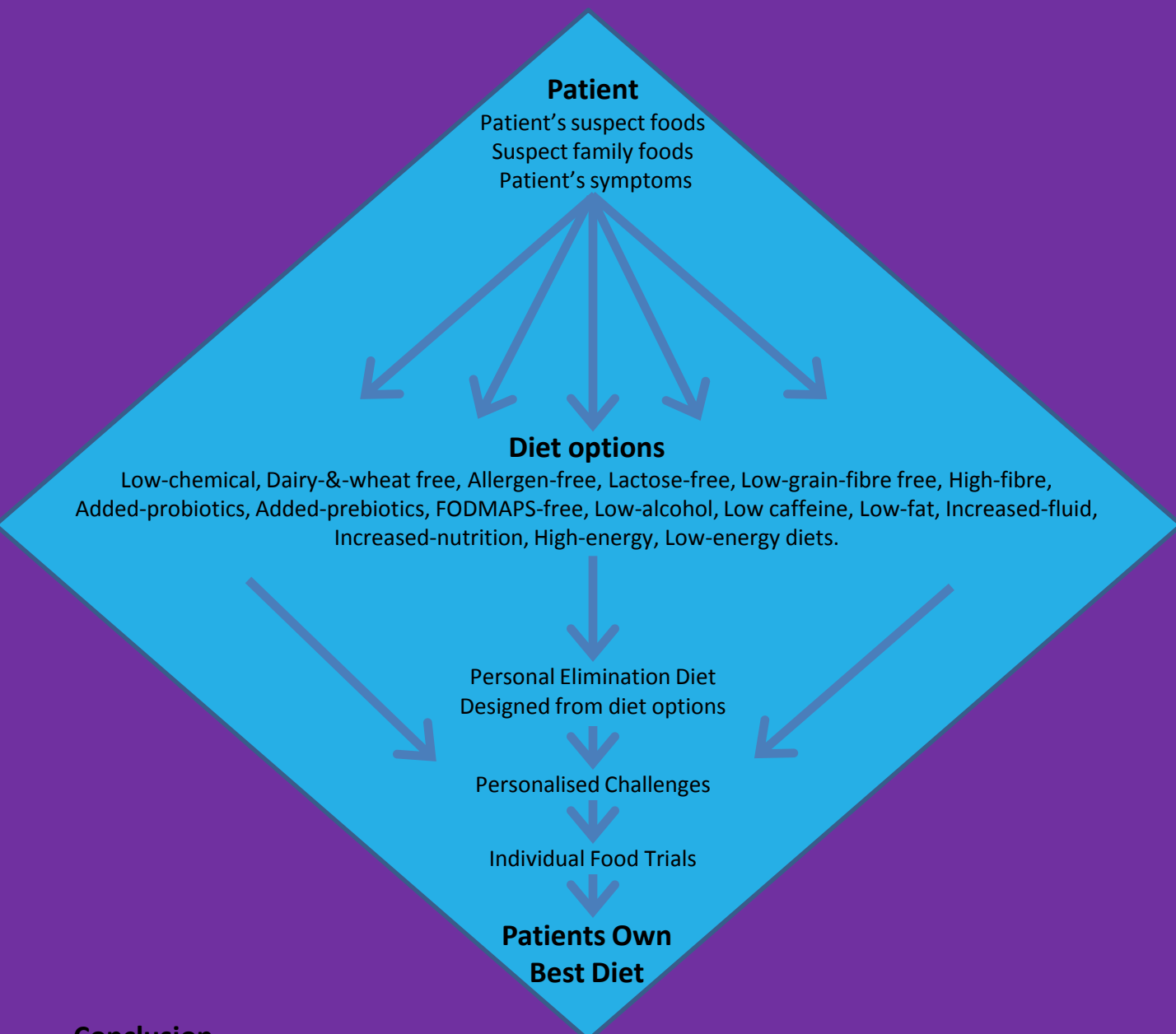
Diet and Attention deficit hyperactivity disorder (ADHD)

Need for leadership, evidence and advanced practice

Joan Breakey - Private Practice

- Leadership is needed as diet is not pre-scribed - it needs to be developed for each patient.
- Evidence: clinical findings by dietitians, need to be recorded on foods most often causing adverse reactions.
- Advanced practice requiring sophisticated patient-centred diet investigation, towards the individual patient's best diet, is required.

The "Diamond" Patient-Centred Treatment Plan



Conclusion

Advancing dietetic practice is needed to address all the complexity of just how and why a particular not-clearly-defined-group have adverse reactions to foods. Dietitians need to continue to question available information, and reveal the sophisticated aspects of this less well known area of dietetics.